

Signs of Diabetes Emergency

Call your doctor right away if you have these signs, or go to an emergency department if severe.

Phone number: _____

*Call your
doctor
immediately!*

- ⇒ You feel too sick to eat normally. You can't keep food or liquids down for more than 6 hours.
- ⇒ You have severe diarrhea (5 loose bowel movements per day).
- ⇒ You lose 5 pounds or more without trying to.
- ⇒ Your temperature stays over 101 F.
- ⇒ Your blood glucose level is lower than 60 mg/dL or stays over 300 mg/dL even after treatment.
- ⇒ You're having trouble breathing.
- ⇒ You feel constantly sleepy or can't think clearly.