

Diabetic Nerve Damage

When you have nerve damage, you also might have trouble swallowing your food, have problems urinating, or impotence.

Controlling your blood sugar can help prevent these problems.

Diabetic nerve damage (also called diabetic neuropathy) is a dangerous problem for many people with diabetes. Over time, high blood sugar can damage the delicate coating of your nerves.

Signs of diabetic nerve damage

- ⇒ Pain, burning, tingling, or loss of feeling in the feet and hands
- ⇒ Abnormal sweating
- ⇒ Light-headedness when you stand up

What can I do?

- ⇒ Controlling your blood sugar can help prevent or delay nerve damage.
- ⇒ Controlling your blood sugar may also help reduce the pain from some types of nerve damage, if you have it already.