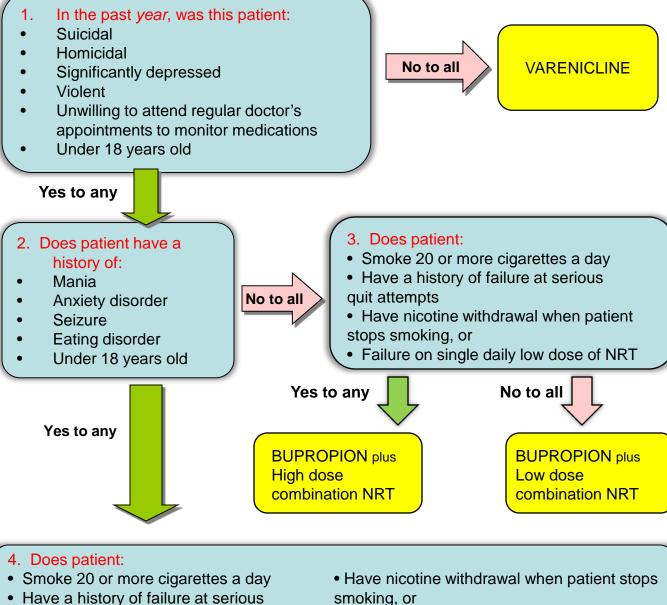
A Guide for Choosing Smoking Cessation Medication for Patients with Mental Illnesses

Tailoring based on research evidence (Anthenelli et al., 2016; Evins 2010; Bader 2009; Hitsman 2009; Piper 2009; Fiore 2008)





quit attempt

High dose combination NRT

smoking, or

• Failure on single daily low dose of NRT

No to all

Low dose combination NRT

Combination Nicotine Replacement Therapy (NRT):

High dose NRT: 21mg patch plus immediate release Low dose NRT: 14mg patch plus immediate release

Immediate release: gum, lozenge, spray or inhaler up to 8 X day at appropriate strength for

patient's needs. (Gum and lozenge come in either 2mg or 4 mg strength.)