

Transforming the Academic Curriculum in Medical, Social & Behavioral Sciences

Lisa A. Razzano, Ph.D., CPRP

Judith A. Cook, Ph.D.

Michelle Garrido, COM Class of 2012

Melissa Goelitz, COM Class of 2010

Nicole Jones-Martinez, MD, PGY3

UIC NRTC Collaborators

Program Overview


“Med Ed” is a multi-level, multi-phasic program designed to transform academic curricula in the medical, social, and behavioral sciences. This large-scale, coordinated education and training effort includes principles of recovery and other evidence-based practices for people with psychiatric disabilities. The project also focuses on the training of students in multiple disciplines in aspects of recovery and psychiatric rehabilitation.

Major Activities . . . Residents

Activities	Accomplished
Submit Recovery-Oriented items on PRITE – Currently under review & consideration	<input checked="" type="checkbox"/>
Lecture: “Constructs of Recovery” – <i>Cultural Diversity Seminar</i> (PGY1)	<input checked="" type="checkbox"/>
Seminar: <i>Public Psychiatry</i> (PGY3)	<input checked="" type="checkbox"/>
Seminar: <i>Recovery from Mental Illness</i> (PGY4*)	<input checked="" type="checkbox"/>
<u>New</u> Seminar: <i>Introduction to Recovery</i> (PGY1*) – Launched Fall 2007 (Pickett)	<input checked="" type="checkbox"/>
*Shifted seminar to PGY1 year.	

Major Project ActivitiesMedical Students

Activity	Accomplished
Proposed 3 New Lectures in Human Development (M1)	<input checked="" type="checkbox"/> - 5 lectures
Working with Medical Students on Psychiatry Rotations	<input checked="" type="checkbox"/>
Recovery in Initial & Debriefing Mini Mental Status w/ Standardized Patients	<input checked="" type="checkbox"/>
Medical Student Research Interns @ Center	<input checked="" type="checkbox"/>
Sponsoring Student Fellowships & Mentoring	<input checked="" type="checkbox"/>
Addition of <u>New</u> Recovery Case for Essentials of Clinical Medicine (M2)	Under Development

Activity	Status
Expansion to Additional Programs Locally & Nationally	
Medical Undergraduates & Residents: UIC Rockford, Peoria Campuses	Developing
Comprehensive curriculum designed for Medical Undergraduates & Residents Family Medicine Residency Program Rush-Copley Medical Center	<div data-bbox="1632 496 1696 554" style="text-align: center;">  </div> Launching in May '09
<p data-bbox="98 872 647 929"><u>New topical areas:</u></p> <ul data-bbox="98 958 1323 1300" style="list-style-type: none"> ● Children & Youth with Bipolar Disorder (Pavuluri) ● Trauma-informed Services for Justice Involved Populations (Salina – Northwestern, DWJS) ● Crisis Intervention Teams (Pickett) ● Jail Diversion (Razzano) <p data-bbox="691 1310 1238 1339" style="text-align: center;">UIC NRTC State of the Science Summit 2009</p>	

Med Ed Highlights

- Conducted Focus Group with M1 students regarding course needs, integration
- Membership on Undergraduate Medical Curriculum Integration Committee
- Facilitated Clinical Case Conferences
- Present the “Biostatistics & Social Sciences” lecture for COM’s General Clinical Research Center (twice per year; 8 sections on advanced evaluation using mental health services models with recovery-focused outcomes)



Med Ed Highlights

- Program reaching substantial group of relevant students, trainees & professionals
 - 950 medical students & psychiatry residents
 - 40 Psychology, Social Work Pre/Post-docs
 - 60 Research & Clinical Faculty
- **Two new M1 students are slated for Research placements at the NRTC for Summer 2009**



Pre-docs, Graduate Assistants, & Interns @ UIC NRTC

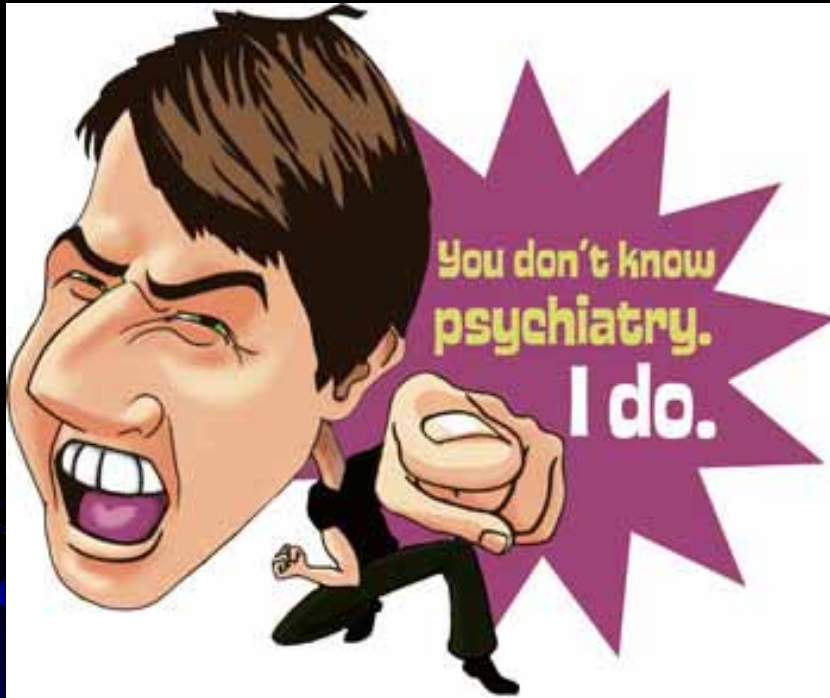
- 5 Undergraduate medical students (M1 – M4)
- 2 Graduate assistants from Jane Addams College of Social Work
- External committee membership on two dissertations re: mental illness & recovery: University of Texas @ San Antonio Health Sciences Center & University of Pittsburgh School of Nursing

Med Ed Highlight:

M2 Essentials of Clinical Medicine Group - 2006

- First ECM group to develop group presentation on mental health & recovery:
 - **“Stigma of Mental Illness: Recognition & Reduction of a National Problem”**
- Only presentation in ECM related to Psychiatry since course started in 1999, including 2009 academic year
- Received highest grade (Outstanding) from faculty raters, second highest ranking of 20 ECM groups
- M2 student in group disclosed his recovery as a person with bipolar disorder

Tom Cruise vs. Couch Media exacerbates the issue. . . .



The media generally portrays people with mental illness inaccurately

- “Studies consistently show that both entertainment and news media provide overwhelmingly dramatic and distorted images of mental illness that emphasize dangerousness, criminality and unpredictability. They also model negative reactions to the mentally ill, including fear, rejection, derision and ridicule.” (2006, *CNS Drugs*, Stuart)

Stigma in Medical Colleges & Settings

- Medical students may avoid seeking help for mental disorders.
 - Students perceive stigma throughout medical school and career.
 - Students worry that being labeled with a mental illness may affect their future career (2003, *Medical Education*, Chew-Graham *et al.*)
 - If medical students worry about being labeled as mentally ill (and are some of the most educated on the subject) how can the general population be expected to understand

Alanna Weismann-Ward – M1 ➔ M4 yrs.

- Class of 2009
- Worked on multiple NRTC projects, database manager, interviewer
- **M4 Research Elective** – “Co-occurring Physical Health Issues Among People in Mental Health Recovery” (Dr. Razzano Advisor)
- Headed to her Residency in Family Medicine at UCSF; but intends to focus on mental health and recovery in family care settings among those living in poverty

Kiana Andrew – M1 → M2 yr.

- Class of 2010
- **Schweitzer Fellowship** (Dr. Razzano Faculty Mentor)
 - Fellowship project designed to work with a local Chicago middle school to educate African American adolescents on recognizing mental health issues and responding appropriately to fellow students who may experience these symptoms
- **Jeanne Spurlock Minority Medical Clinical Fellowship, American Academy of Child & Adolescent Psychiatry (AACAP)**
 - 12 weeks of clinical training w/ Child & Adolescent Psychiatrist as mentor during the summer between M1/M2
 - 2007 AACAP Annual Meeting in Boston; presented on clinical training experiences @ research poster session
 - Working with CMHC; Drs. John Williamson & Carl Bell

Michelle Garrido - M1 ➡ M2 yrs

- Class of 2010
- Participated in **Summer Research Fellowship**, sponsored by **Hispanic Center of Excellence** (Dr. Razzano, Fellowship Preceptor)
- Participated as medication specialist for research project on health beliefs-based model of medication adherence

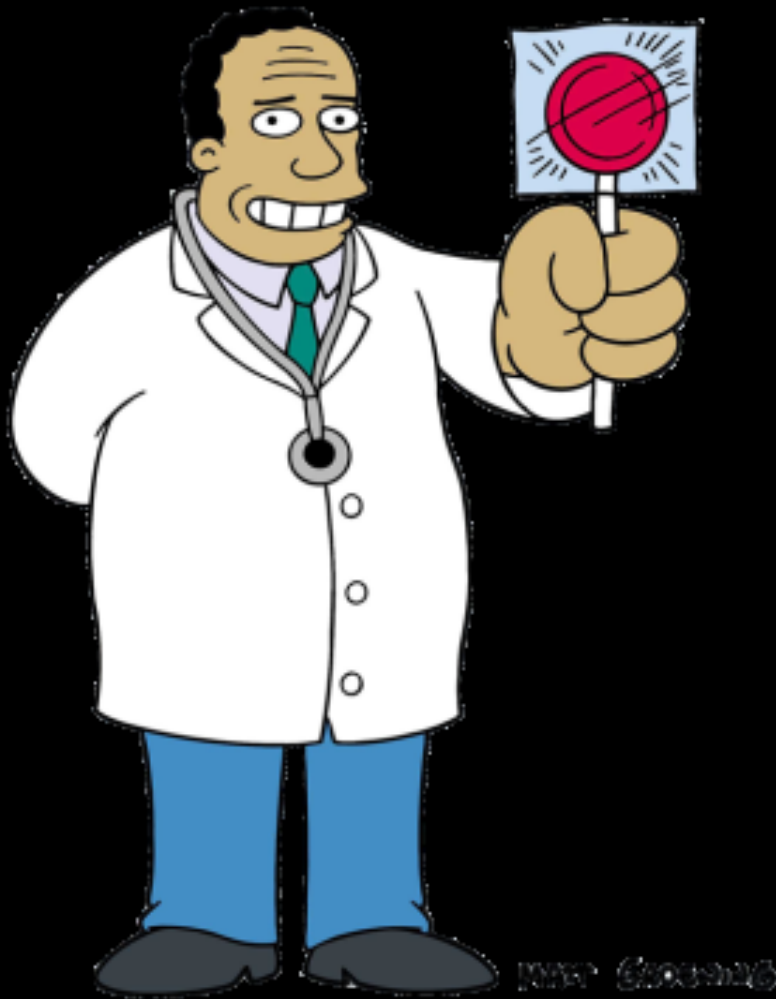
Melissa Goelitz – M1 → M3 yrs.

- Class of 2010
- Participated in **2008 COM Research Conference:** “Factors Affecting Recovery Among Individuals with HIV/AIDS”
- 6 abstracts related to Psychiatry out of 209 - 3%; only this abstract focused on recovery & quality of life
- Participated as medication specialist for research project on health beliefs-based model of medication adherence
- Developed and presented to clinic team regarding youth with bipolar disorder and transitional needs as part of her M3 psychiatry rotation

Dr. Nicole Jones-Martinez

PGY3 Psychiatry Resident

- Incorporates Recovery into her work with patients and consumers in community mental health settings
- Part of PGY3 Public Psychiatry group
- Currently on Addictions rotation at VA



Thoughts?
Comments?
Discussion?