

Implementing WRAP with Integrity:

It's All About the Values & Ethics


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“You can only measure
3% of what matters”

W. Edwards Deming

The Values and Ethics
of WRAP constitute the
97% of “what matters”
that doesn’t lend itself to
easy measurement.




“Revolutions begin
when people who are
defined as problems
achieve the power to
redefine the problem”

John McKnight





WRAP's Values and Ethics
inform the sole agenda of a truly
facilitated WRAP class,
which is... Empowerment.




Empowerment is not the “giving”
of power, nor is it the mere
“sharing” of power.

Power is not ours to give or to
merely share...





Real Empowerment is simply an illumination of the power that everyone already has, and then getting out of the way of its being freely exercised.





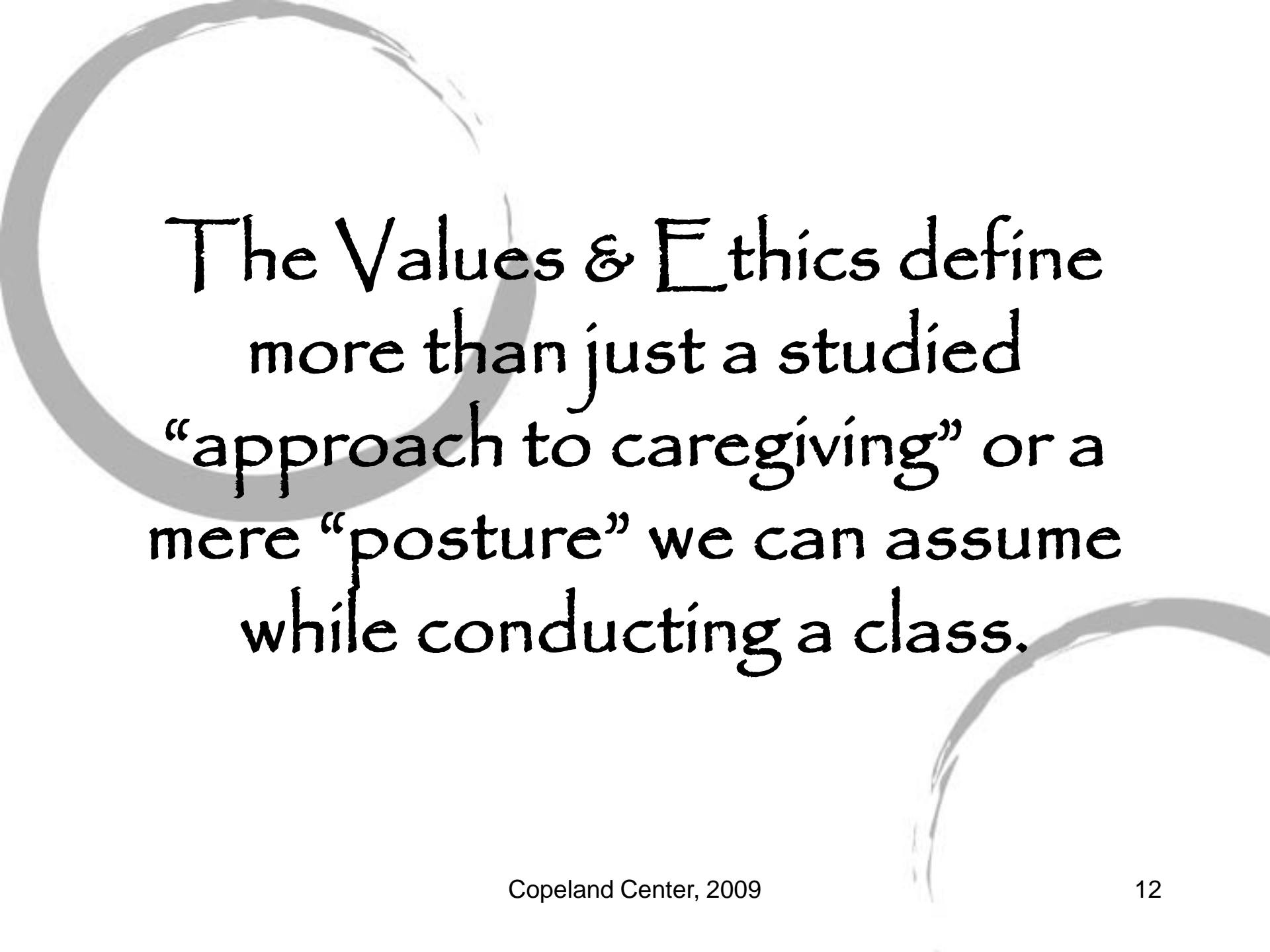
What is this power that everyone already has? The power of Response-Ability:

The irrevocable power to choose our responses to whatever Life puts in our way.

Trusting the power of Personal
Response-Ability liberates the
WRAP Facilitator from any
duty to “teach” counsel, advise
or direct another’s person’s
path

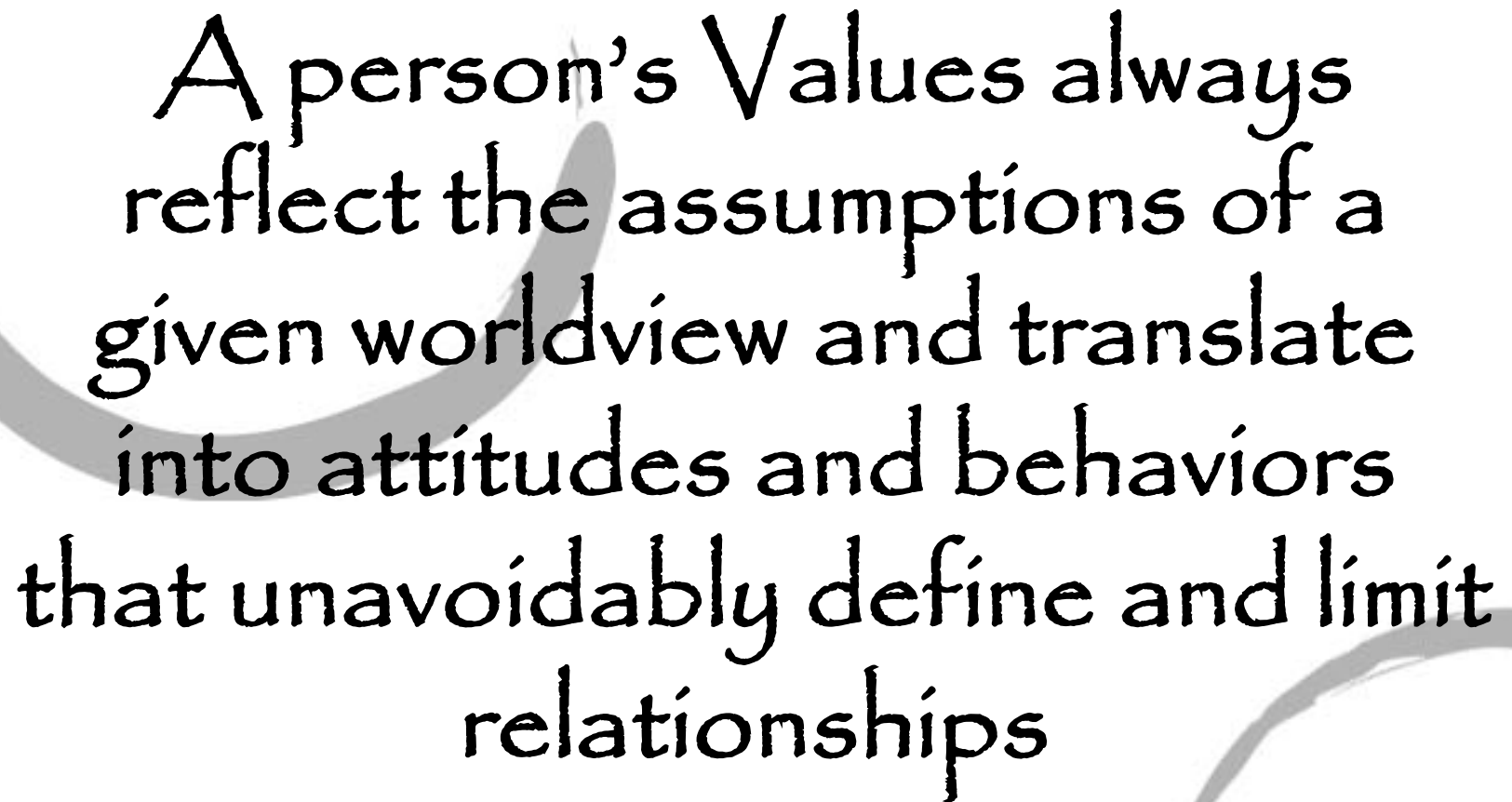
Facilitators do not “teach”
because Wellness Recovery
Action Planning is not the
curriculum, nor is it the mere
Plan known as a WRAP.

Wellness Recovery Action
Planning is a mutual learning
model that must truly be
“facilitated” in order to be in
accord with the Values and
Ethics from which it evolved.



The Values & Ethics define
more than just a studied
“approach to caregiving” or a
mere “posture” we can assume
while conducting a class.

The Values & Ethics of
WRAP constitute the
paradigm that determines our
very way of “seeing” and “being
with” others... ways of “seeing”
and “being” that are integral to
being a Facilitator.




A person's Values always
reflect the assumptions of a
given worldview and translate
into attitudes and behaviors
that unavoidably define and limit
relationships

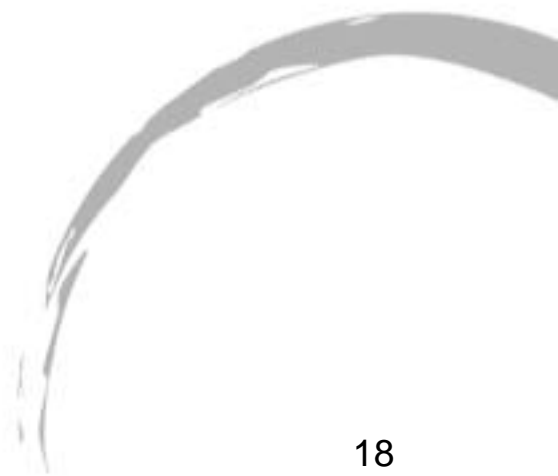
For the Facilitator, WRAP's
Values & Ethics are either at
the very core of our being--
we actually live them--
or we are a sham and our classes
are not WRAP.

It would be a mistake to assume that the Values and Ethics of the provider are only minor variables affecting the efficacy and outcomes of any Evidence-Based Practice.

In the case of WRAP it would be catastrophic to treat this facilitated planning process as a curriculum to be “taught,” or a commodity to be “managed,” as though the Values and Ethics matter little.




So what are some of these
deeply held defining Values?




We actually believe in true
Self-Determination...


For the WRAP facilitator, it is
more than an ideal to which we
give the *pretense* of support.

We hold Self-Determination to
be a fundamental fact of human
existence that is either fully
emancipated or is inhibited...
So our role is to open doors for
people but never dictate their
path




We truly believe that each person is an expert on him- or herself, and that each individual works at their own pace toward their own goals...




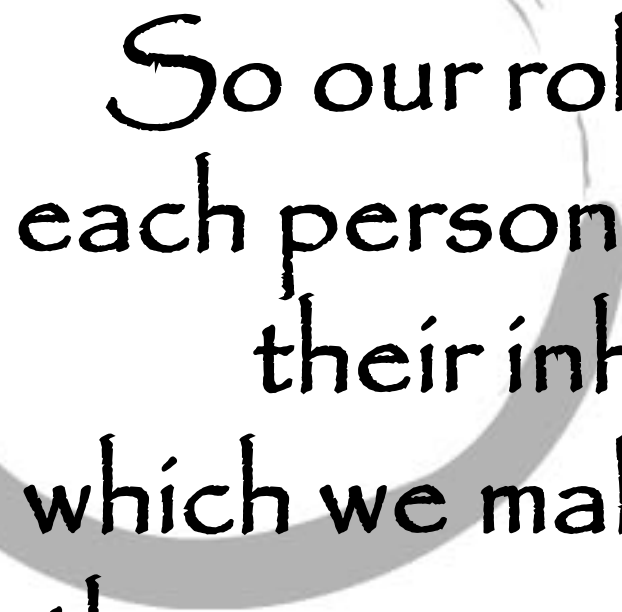


So our role is to *facilitate* an unfettered exploration of all options and choices while deliberately abstaining from giving advice or final answers




We actually accept people
exactly as they are right now,
accept them as true equals,
without any presumption of a
need to change...





So our role is to make sure
each person knows that we see
their inherent dignity,
which we make evident through
the compassion, deep respect
and unconditional high regard
we show them.



Values such as these make
WRAP more than a program.

For the facilitator, WRAP and
these values are a way of Life.



Integrity is when you
do the right thing even
when no one is watching



Reading Outside-the-Box

- The Fifth Discipline: Peter Senge
- The Careless Society: John McKnight
- How Can I Help? Ram Dass & Paul Gorman
- A Hidden Wholeness: Parker J. Palmer
- The Brain That Changes Itself: Norman Doidge, M.D.